



impact report

ASHLEY ADDICTION TREATMENT - FY24

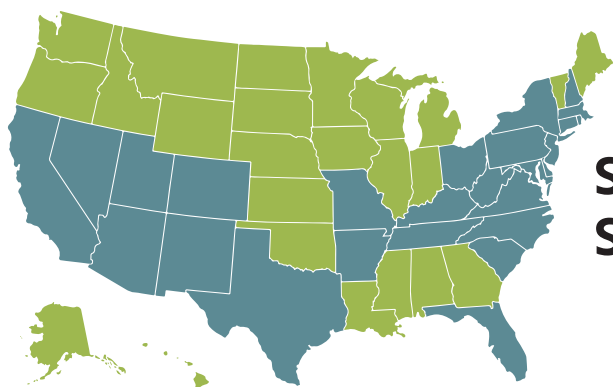


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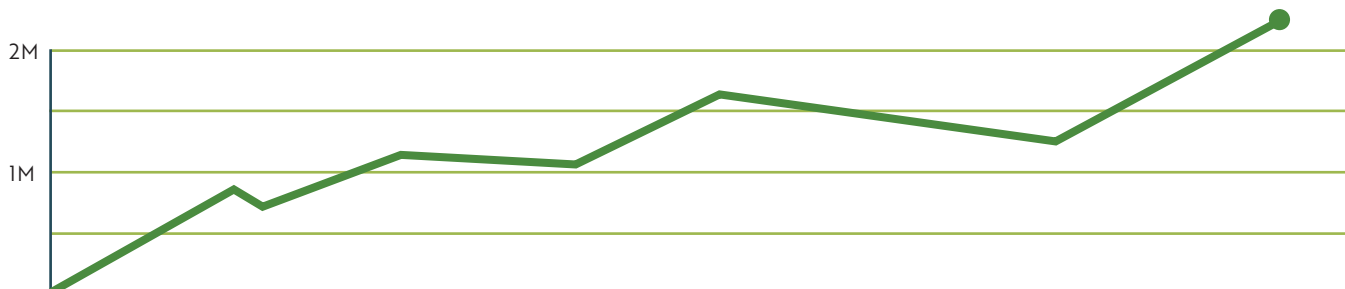
Each year, Ashley's reach and impact grow stronger—both within our treatment programs and beyond. **In the past year alone, we served over 1,300 patients across 26 states and three countries, extended more than \$2.1 million in scholarships to individuals in need, and expanded vital services for young people through our Youth Services programs.** We successfully launched a new post-treatment recovery coaching program for our DC-area alumni and published our first-ever research outcomes report. These highlights reflect Ashley's ongoing commitment to innovation, accessibility, and long-term recovery support.



1,328 NUMBER OF PATIENTS SERVED



SERVED PEOPLE IN 26 STATES AND 3 COUNTRIES



\$2,182,169 IN SCHOLARSHIPS GIVEN OUT FOR PATIENTS IN NEED

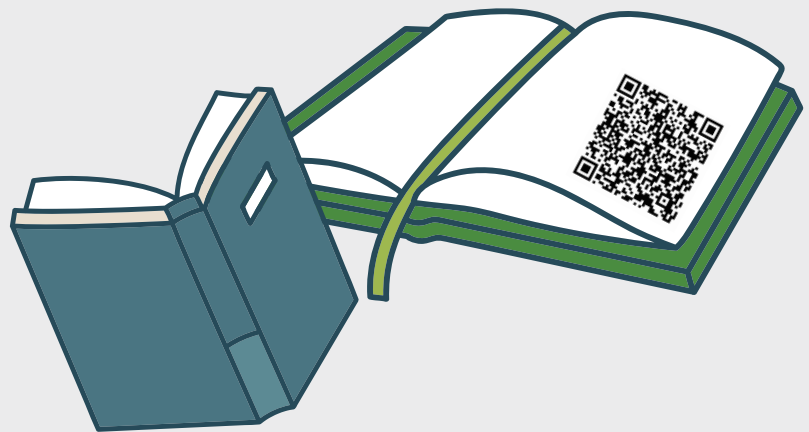
al highlights



100+

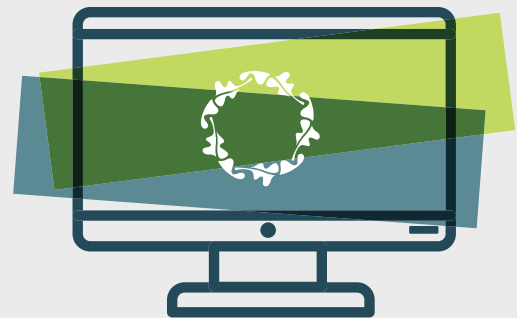
STUDENTS SERVED THROUGH YOUTH SERVICES – THE ROOTS AND THE CLUBHOUSE

PUBLISHED OUR FIRST RESEARCH OUTCOMES REPORT

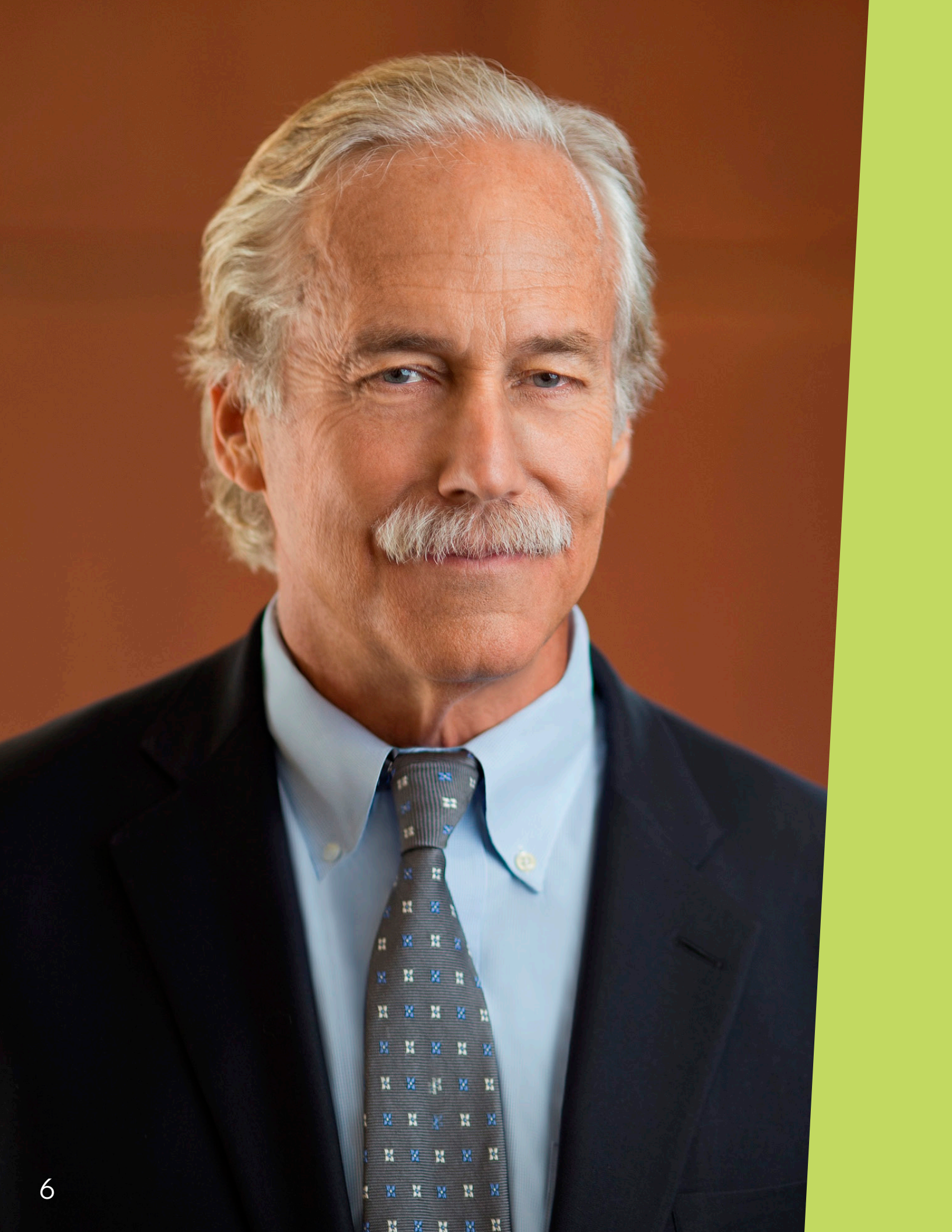


1,100+

VIRTUAL RECOVERY SUPPORT MEETINGS HELD



LAUNCHED A POST TREATMENT RECOVERY COACHING PROGRAM FOR DC-AREA ALUMNI



board chair

Dear Ashley Friends and Supporters,

As I reflect on my final year as Chair of Ashley's Board of Directors, I am filled with immense pride and gratitude. My journey with Ashley began many years ago as a patient, and it has been a profound honor to serve in this leadership role. The transformation I experienced through Ashley's treatment program has been truly lifesaving, and it has been a privilege to give back to an organization that has given me so much.

This past year has been a remarkable one for Ashley. We have continued to adapt and innovate to meet the needs of our community, ensuring that our mission to transform and save lives remains at the forefront of everything we do. Ashley's dedicated staff has worked tirelessly to provide comprehensive care and support to those struggling with addiction. Their work, together with your commitment, has helped Ashley make a significant impact on the lives of individuals, families, and their communities. I hope you will enjoy reading some of their stories in this Impact Report.

During my tenure as Board Chair, Ashley faced numerous celebrations and challenges, including its 40th anniversary and navigating the covid-19 pandemic. Through it all, we were reminded of the incredible journey that has brought us to this exciting point in our history, continuing to build on the legacy of Father Martin and Mae Abraham. Ashley is committed to continuing our work with the same passion and enthusiasm that has defined the organization since its founding. Our vision for the future includes expanding our facilities, enhancing our programs, and increasing our outreach efforts to ensure that no one in need of help is left behind.

As I step down from my role as Board Chair, I am filled with a sense of accomplishment and optimism for the future. I am excited to remain on the board, working alongside my fellow devoted Board members, and look forward to the next chapter in Ashley's history. Together, we will continue to build on our successes and strive for even greater impact.

Thank you for your ongoing commitment and support. It is your generosity and dedication that enable us to provide hope and healing to those struggling with addiction.


Jim Denvir
Chair, Board of Directors

Dear Friend of Ashley,

As we reflect on the past year, our hearts are filled with immense gratitude for your unwavering support and dedication to our mission of transforming and saving lives. Your generosity and commitment have been the cornerstone of our success, and we are thrilled to share the highlights of our journey in this Fiscal Year 2024 Impact Report.

This year has been a remarkable period of growth and impact for our organization. We have expanded our reach, enhanced our programs, and deepened our commitment to providing comprehensive substance use disorder treatment services. Our outpatient program is growing and we are in the planning stages for restarting our in-person family program.

We continue to evaluate and modify our programs to address the diverse needs of our patients, while always staying true to our founding principles of integrating the science of medicine, the art of therapy, and the compassion of spirituality. These include specialized treatment tracks for adolescents, veterans, and individuals with co-occurring mental health disorders. Our holistic approach ensures that each person receives personalized care tailored to their unique circumstances.

We have strengthened our partnerships with local organizations, Harford County Public Schools, and other healthcare providers to raise awareness about substance use disorder and promote early intervention. Our efforts have reached thousands of individuals, providing education, resources, and support to those affected by addiction.

Additionally, we have invested in research initiatives to advance the field of substance use disorder treatment and improve our evidence-based practices. Our dedicated research staff produced an Outcomes Report this past spring, highlighting our findings, successes, and opportunities for growth.

The true measure of our success lies in the stories of transformation and recovery from our patients. This year, we have celebrated countless milestones with individuals who have overcome addiction and are now leading fulfilling, healthy lives. Their resilience and determination inspire us every day. You can read more about our joyous Alumni Reunion on page 21.

As we look ahead to the future, we remain steadfast in our commitment to providing compassionate, effective, and life-changing care. We are excited about the opportunities that lie ahead and are confident that, with your continued support, we will achieve even greater heights.

Thank you for being an integral part of our journey. Together, we are making a profound difference in the lives of those we serve.

With gratitude,



Alex Denstman, MBA
Co-CEO and President



Greg Hobelmann, MD, MPH
Co-CEO and President

cees



everything for recovery

PROGRAMMING

Since our founding in 1983, Ashley has treated over 65,000 patients with personalized care and dignity. While our model of care has evolved over time, we remain driven by the powerful vision with which our co-founders, Father Joseph C. Martin and Mae Ashley Abraham, started Ashley: to heal those suffering from substance use disorder (SUD) so that they may have the opportunity to experience the joy of living.

Father Martin and Mae Abraham were pioneers who created “Ashley: The Possible Dream” and made it a reality for generations to come. Their novel ideas and methods had a tremendous impact on the evolution of treating alcoholism at the time. It is this innovative spirit and commitment to quality care that continue to inspire us today.

As we look to the future, Ashley aims to utilize cutting-edge research to enhance the quality of care, improve patient outcomes and inform addiction medicine. We want to transform the field of SUD treatment and help shape the path forward without stigma, where everyone can seek and receive treatment. Together, we are working toward a future in which we can inspire others to follow our example of commitment to excellence and innovation to serve those who need our help.

Ashley’s continuum of care and programming for alumni, youth, and families allow us to say we offer “everything for recovery.”



Inpatient Care

Ashley provides comprehensive inpatient care at our main campus in Havre de Grace, Maryland. This program offers a structured environment with 24/7 medical and clinical support, focusing on detoxification, therapy, and holistic healing to address the mind, body, and spirit.

Outpatient Care

For those who need flexibility, Ashley offers outpatient care that allows individuals to receive treatment while maintaining their daily responsibilities. This program includes individual and group therapy, medication management, and support for co-occurring disorders at our facility in Bel Air, Maryland.

Extended Care

The extended care program is designed for individuals who have completed a traditional 28-day program and need additional support. It focuses on building life skills, relapse prevention, and continued therapy to ensure long-term recovery.

Family Services

Ashley recognizes the impact of addiction on families and offers specialized programs to support them. This includes weekly virtual support meetings, educational resources, and therapy sessions to help families heal and support their loved ones in recovery. Our Family Services begin to break the generational cycle of substance use disorder and help the family heal as a unit from the disease's effects. We believe a family that recovers together stays together.

Alumni Services

Community is our backbone. Our commitment to our alumni extends far beyond the completion of their treatment program. We offer a variety of programs that provide ongoing support, foster connections among alumni, and create opportunities for them to give back to others on their recovery journey. We are dedicated to ensuring that our alumni remain closely connected to our community through regional events, Recovery Enrichment Days on campus, Alumni Reunions, in-person and virtual meetings and support groups, and through contact with our dedicated Alumni Support team.

Youth Services – The Clubhouse and The Roots

The Clubhouse by Ashley is a free, fun and safe after-school and summer program for Harford County teens between the ages of 12 and 17 in Aberdeen, Maryland. All activities, meals, snacks and transportation to and from The Clubhouse are 100% free. Ashley provides a safe environment for Clubhouse members to hang out, play video games and board games, cook, read, do homework, and check out events in the area. At The Clubhouse, we help our members have fun and relax without turning to substances.

research

Addiction continuously evolves as societies, substances and the health care industry change. To save lives, we must keep up with these changes and develop innovative, evidence-based approaches to patient care, treatment methods and recovery outcomes.



In partnership with faculty from **Johns Hopkins University School of Medicine**, our work has advanced scientific thought related to key topics in the field, including:

- Clinical Trials and intervention studies advance our understanding of effective methodologies
- Health Services efficacy study, reviewing post-treatment and recovery behavioral statistics to evaluate the lasting effects of treatment
- Basic science inquiries into interactions, clearances, and toxicology associated with substance use disorders

Treatment Outcomes studies that evaluate and connect behavioral outcomes, symptoms, and trends in inpatient and outpatient treatment models.



In April 2024, Ashley released its first Outcomes Report, highlighting our internal findings on patient treatment outcomes. The research involved reflects more than four years of patient data and reflects Ashley's unwavering commitment to evaluating the effectiveness of our treatment model and further enhancing and personalizing our standard of care.

Advanced research is fundamental to increasing positive outcomes and enhancing long-term recovery, and Ashley has made great strides in building our research infrastructure through our partnership with John Hopkins, ongoing data collection, and publishing our findings.



Tracking patient outcomes is one of the ways that we develop and improve our treatment plans at Ashley. Trac9 Informatics is our assessment tool to monitor specific factors that have a scientifically validated and evidence-based association with long-term recovery. We collect confidential data while patients are in our care, as well as one year after leaving Ashley's programs. While patients are in our care, the data we collect can directly help us adjust treatment plans based on their unique needs. The additional data we gather later helps us compare our methods to patient outcomes, advance research to better understand substance use disorder and learn how to treat it more effectively.



Ashley partners with Fitbit, an activity wearable, to monitor sleep, cardiovascular strain, and recovery metrics with personalized health and wellness insights. This device and technology platform not only helps us adjust treatment to fit our current patients' needs but also helps us advance our knowledge of substance use disorders.

**“Without Ashley, I really
might not be alive.”**

Julian C.



alumni

The journey to long-term recovery is often anything but straightforward. For Julian, his story of perseverance and transformation meant he was a patient at Ashley three times. His unwavering determination and the support he received at Ashley have been pivotal in his successful recovery.

Rather than feeling defeated after needing to return to Ashley more than once, Julian now sees that each of his stays was an opportunity to learn something new about himself and what he needed to stay clean. Julian first entered Ashley in January 2023, and although he found it challenging, the experience was transformative. The calm, structured environment and serene campus provided him with the physical and mental space to begin his recovery journey. He also reignited his passion for music by engaging in activities like playing the piano and participating in weekly talent shows.

Julian credits the staff at Ashley as playing a crucial role in his recovery. He formed strong bonds with several staff members, including Lilly Cooper, Alumni Coordinator, who became a trusted confidant and a key figure in his support network. Julian also spoke highly of Joey Young, who always made him feel welcome, even after multiple admissions. Jamilyn Scott, his counselor, provided consistent support and understanding throughout his time at Ashley.

One of the unique aspects of Ashley that Julian found particularly helpful was the men's extended care house. This program introduced him to AA meetings and provided a structured environment where he could focus on his recovery. Julian emphasized the importance of this aspect of Ashley's treatment, saying, "I needed months of sobriety where I was forced to do activities and have fun and go to meetings for me to be able to do it on my own."

Julian's connection to Ashley goes beyond his time in treatment. He remains actively involved in the alumni community, attending events and maintaining friendships with both former patients and staff members. This sense of community and ongoing support has been vital in his continued sobriety.

Reflecting on his recovery journey, Julian expressed deep gratitude for Ashley, saying, "Without Ashley, I really might not be alive." His story is a testament to the power of a supportive environment and the dedication of the Ashley staff. Julian hopes his resilience and the special bond he shares with the Ashley community will inspire others on their path to recovery.

donor

Mark Montgomery's story is one of resilience, dedication, and an unwavering commitment to giving back. Now 37 years in recovery, Mark has not only transformed his own life but has also become a beacon of hope for many others struggling with addiction.

Mark's professional journey began in the maritime industry, where he started as an entry-level accountant and eventually rose to the position of CEO. His career took him from New Jersey to Maryland, where he worked in the Port of Baltimore. It was during this time that Mark's path intersected with Ashley.

Mark's introduction to Ashley came through his involvement in bringing messages of hope and his own personal recovery story to addiction treatment centers and prisons. He began visiting Ashley once a month on Wednesday nights, delivering talks and supporting those in treatment. This commitment continued for over a decade, during which time Mark developed a deep respect for the premier quality of care provided at Ashley.

A pivotal moment for Mark was meeting Father Martin, who was "larger than life," as Mark recalls. Father Martin's powerful "Chalk Talks" and sense of humor left a lasting impression on Mark, cementing his fondness and affinity for Ashley. Over the years, Mark has seen firsthand the positive outcomes of Ashley's programs, witnessing many individuals' transitions from treatment at Ashley to long-term recovery.

Mark's connection to Ashley remained strong even after he moved to Vermont more than a decade ago. He continued to support the organization, both financially and through personal involvement. One notable instance was when Mark reached out to Ashley's Co-CEO, Alex Denstman, whom he has known for many years, to help a young man in Vermont who was struggling with addiction. Ashley's swift response and willingness to provide a scholarship to the individual reaffirmed Mark's faith in the organization's dedication to helping those in need.

When asked why he chooses to generously donate to Ashley, Mark's answer is simple: he believes in second chances. As an employer, he understands the importance of providing opportunities for individuals to rebuild their lives. Mark says that he is grateful that his business successes have enabled him to give back, and he views his support for Ashley as a way to change lives and offer hope to those who need it most.

By sharing his story, Mark hopes to encourage others to consider supporting Ashley, ensuring that more individuals have the chance to find recovery and reclaim their lives.

"I like to think of myself as an alumni provider of the message of hope to those that are struggling."

Mark M.



events

Father Martin Memorial Golf Outing - Teeing Off for a Great Cause

Started in 2000 to honor the life and legacy of Ashley's visionary co-founder, the Father Martin Memorial Golf Outing offers a day of friendly competition and camaraderie in support of Ashley's mission to transform and save lives. Funds raised through the Golf Outing go to the Lou Bantle Scholarship Fund, which assists veterans in accessing life-saving substance use disorder treatment at Ashley.

On June 3, 2024, a sold-out crowd of more than 100 golfers gathered on a beautiful, sunny day at the Elkridge Club in Baltimore. The day started with a delicious lunch, fellowship, a raffle for great items including a YETI cooler and car detailing, followed by a shotgun start on Elkridge's pristine 18-hole course. The Golf Outing raised nearly \$60,000 for the Lou Bantle Scholarship Fund.

Ashley expresses our sincere thanks to the lead sponsors of the 2024 Father Martin Memorial Golf Outing and all golfers and donors.

George Harms Construction Co., Inc.
Roger T. Hoff, Sr.
Lockheed Martin
Martin Law Group, P.C.
MG Harry Greene Chapter of Assoc of US Army





17th Annual Mae Abraham Legacy Luncheon

On May 15, 2024, more than 170 Ashley supporters, friends, and employees came together to celebrate and honor the legacy of our co-founder, Mae Abraham. Ashley was honored to recognize Marot Williamson with the Mae Abraham Service Award and Becky Miller with the Mae Abraham Employee Excellence Award. These two extraordinary women embody Mae’s service and dedication to helping women in recovery.

The Luncheon provides support for the Mae Abraham Scholarship Fund, assisting women in need of substance use disorder services and recovery at Ashley. Thanks to our strong community of donors, Ashley raised more than \$50,000 to support this vital fund!

Ashley extends our gratitude to the generous sponsors of the 2024 Mae Abraham Legacy Luncheon and all event attendees and donors.

Gold Sponsorship

American Design and Build
Verna Beiler/High Foundation
CCS Fundraising
Society of St. Sulpice

Silver Sponsorship

Stanley and Rosemary Marcuss
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Marie Spearman
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alumni

Alumni Reunion: The Power of Community

Ashley's 2024 Alumni Reunion was filled with fun, connection, and celebration! We welcomed more than 1,000 individuals and family members back to campus to celebrate their recovery journeys, share stories of resilience, and reconnect with the Ashley community.

Our incredible guest speakers, Greg Rogers and Nic Sheff, wowed everyone with their inspiring stories of recovery. Attendees of all ages enjoyed the petting zoo, played some games, indulged in delicious Kona Ice treats, and devoured some amazing barbecue. New Alumni T-shirts were a hit, along with Ashley hats, copies of One Step More, and slates from the original Chapel roof. Sale proceeds from these items support Ashley's mission to transform and save lives by integrating the science of medicine, the art of therapy, and the compassion of spirituality.

The Alumni Reunion is an annual reminder of the strength and hope that recovery brings, and how important Ashley's strong alumni community is a fundamental part of long-term recovery.

Annual Report Info FY2024

Gross Patient Revenue	\$63,529,000	
Total Revenue	\$43,252,753	
Net Patient Service Revenue	\$29,475,564	85%
Fundraising Revenue	\$3,348,010	10%
Investment Income	\$9,096,992	26%
Other Revenue (Oak Store and Grants)	\$1,332,187	4%

Total Expenses **\$34,582,276**

Change in Net Assets	\$8,670,477
Net Assets, Beginning of Year	\$105,416,264

Net Assets, End of Year **\$114,086,741**

Functional Expenses FY2024

Program Services	\$26,899,368	78%
Management and General	\$5,831,747	17%
Fundraising	\$1,851,161	5%

Total Functional Expenses **\$34,583,024** **100%**

Other Revenue Detail

Other Oper. Revenue	\$1,290,058
Other Income	\$42,129

\$1,332,187

Charity Care

Charity Care FY24	\$2,182,169
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Patients Served FY24	1,328
MEC Patients Served FY24	43
OP (includes Elkton & Bel Air)	745

Total Visits **15,873**

Board of Directors

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Bob Johnson
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Bill Bruns
Eric Strain
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Co-CEO & President

J. Gregory Hobelmann, M.D., M.P.H.
Co-CEO & President

Elaina Denu
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Research Manager

Noble Hall Ribbon Cutting April 1, 2024



FY24 Impact Report – Donor Listing

Ashley wishes to thank our strong community of supporters for helping to make our mission of transforming and saving lives possible. These donors make gifts to Ashley during fiscal year 2024 (July 1, 2023 – June 30, 2024).

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