

# PILOT/ PROFESSIONALS PROGRAM



## How the Program Works

Our Pilot/Professionals Program is designed to cater specifically to pilots who have entered into the initial stages of the HMS program and have demonstrated exceptional commitment to their recovery and professional growth. This program aims to provide therapy, training, mentoring, and ongoing support to pilots in maintaining sobriety, enhancing their recovery skills, and integrating back into active flight duty.

**The program consists of 30 days of residential treatment at our main campus in Havre de Grace, Maryland. A five to seven day evaluation is offered upon request. During treatment, pilots can expect:**

- Weekly appointments with our HMS trained psychiatrist
- Weekly appointments with a medical provider
- Assigned to a specially trained therapist with a limited caseload
- COG screening, PeTH and ETG Testing
- 12-Step based treatment
- Weekly progress reports and phone calls with the EAP/Referral
- Care coordination and aftercare planning
- Alumni connections
- Ability to connect the pilot with an AME, if one is not already assigned
- Assist pilot in obtaining Sober Link, as directed
- Completion of disability paperwork to support return to work
- Weekly family coaching sessions

## Contact Us



For more information or to get started, contact our Senior Director of Business Development, Rebecca Miller at (443) 350-2036.

**Scan For  
More Information**

