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## Prioritize Mental Health with Accarent Health's Expanded Behavioral Health Bundles

Accarent has partnered with top providers nationwide including Maryland based Ashley Addiction Treatment to provide greater access to behavioral health treatment for substance use disorders, eating disorders, OCD, Tourette's syndrome and anxiety disorders

**BALTIMORE** –The COVID-19 pandemic brought many mental health issues to the forefront. More people have come to understand the impact anxiety, depression, and other mental health issues can have on overall health. According to the Centers for Disease Control and Prevention, substance use and drug overdose deaths greatly increased during the pandemic. Loneliness, confusion and unemployment caused many people to either start using or increase their usage of drugs and alcohol at the exact time when many treatment centers and options were unavailable.

Through our partnership with [Ashley Addiction Treatment](#), Accarent is now able to offer both inpatient and outpatient comprehensive bundled treatment for substance use disorders. For nearly 40 years, Ashley has helped people find freedom from addiction with an empathetic approach to recovery based on its founders' philosophies. A nonprofit, accredited substance use disorder treatment center with five locations, Ashley has helped more than 50,000 patients and 100,000 families find healing. Their driving principle, "Everything for Recovery®," reinforces Ashley's mission to treat each person with dignity and respect, because everyone deserves a chance to live a happy and healthy life.

"We are excited for this opportunity to partner with Accarent Health to provide their patients with substance use disorder services," said Aryn Faile, patient financial services director at Ashley Addiction Treatment. "This partnership allows us to continue our mission and expand access to those in need and help those suffering from substance use disorder."

Social isolation and increased anxiety also caused more Americans to say they were struggling with depression and suicidal thoughts. Through our partnership with top behavioral health providers nationwide, Accarent Health grants access to gold standard care for a variety of other mental health disorders, including eating disorders, OCD, Tourette's syndrome, and anxiety disorders. Solutions from a digital mental health program to help manage stresses of everyday life, to comprehensive inpatient hospitalization programs are available.

Accarent Health, a care management platform granting access to pre-negotiated, fixed bundled prices for complex medical procedures and treatments, offers a variety of behavioral health treatment bundles eliminating unpredictable costs and providing increased access to quality care. Certified nurse case managers and concierges make up the Accarent Care Team, who help the patient navigate the process, answer any questions, coordinate care with providers, and assist with lodging and transportation

For more information or to access these or other behavioral health treatment options visit Accarent Health at [www.accarenthealth.com](http://www.accarenthealth.com).

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