

Effective Treatments

FOR DRUG ABUSE

The best way to overcome drug abuse or addiction is to rely on comprehensive treatments and therapies. What should you look for in treatments for drug abuse?



Pharmacological Care

Both prescription and over-the-counter medications can be helpful during the withdrawal process.



Group Counseling

Group counseling sessions allow participants to share, listen, and improve their communication skills.



One-on-One Psychotherapy

Individual therapy sessions can address the underlying issues behind drug abuse.



Family Counseling

Family counseling can work to create a support system that individuals can rely on.



Holistic Therapies

Alternative therapy methods can supplement evidence-based strategies.

These therapies and treatments highlight the many different approaches and angles available to patients during addiction recovery.