

2020 RESIDENTIAL TREATMENT FINDINGS

BEFORE TREATMENT

A myth among those suffering from substance use disorder is the belief that they need to be at their worst and experience a life-altering event to seek treatment. In reality, being tired of living the way you are, is enough.



25% of patients reported hitting 'rock bottom' or feeling terrible before seeking help.



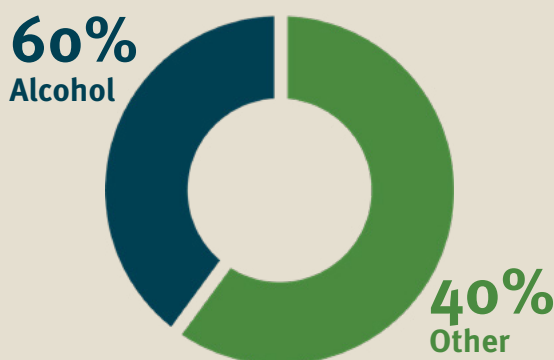
75% of patients had the desire to simply change the way they were living.



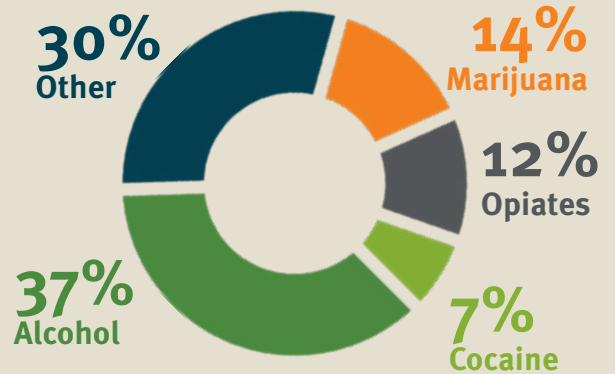
50% of patients credited a loved one for their choice to enter treatment.

86% OF PATIENTS REPORTED SEVERE SUD SYMPTOMS

The majority of Ashley's patients met the definition of having a severe alcohol or drug use disorder, and 35% of them reported having experienced all 11 of the Diagnostic and Statistical Manual of Mental Disorders criteria for SUD in the year before entering treatment.



As opioid and stimulant use continues to rise, 60% of patients reported alcohol as a primary drug of choice upon intake. Alcohol remains prevalent among those seeking treatment from substance use disorders and cannot be ignored.



The prevalence of marijuana as a primary drug of choice has seen a significant increase, in particular among emerging adult patients, compared to 6% among adult patients.

USAGE STATISTICS

RELAPSE

52% of patients have received treatment before.

MYTH:

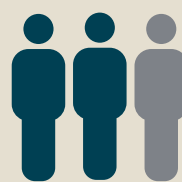
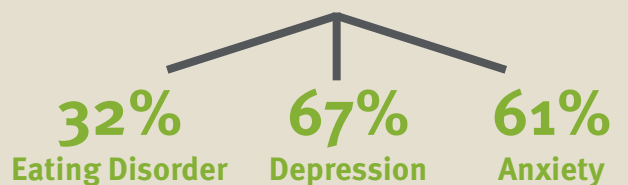
If I go to treatment once, I will be cured of my substance use disorder.

TRUTH:

Although experiencing a relapse is discouraging, long-term recovery is still attainable. Many patients undergo multiple treatments and at different levels of care.

MENTAL HEALTH DISORDERS

Percentage of patients who reported mental health disorder symptoms upon intake:



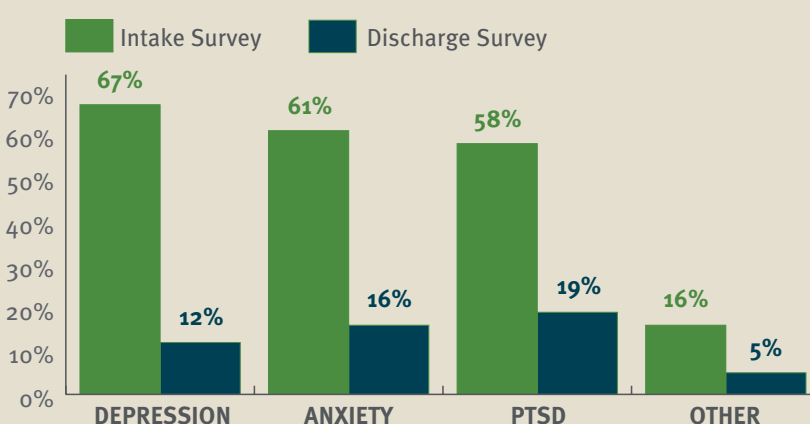
TRAUMA

2/3 of patients reported trauma symptoms. Our clinicians treat mental health disorders along with substance use disorders to enhance a patient's ability to achieve lifelong recovery.

PATIENT HISTORY

TREATMENT OF CO-OCCURRING DISORDERS

During treatment at Ashley, the severity of co-occurring disorder symptoms of our patients declined significantly. The graph below compares the percentage of patients reporting moderate to severe symptoms of depression, anxiety, Post Traumatic Stress Disorder (PTSD) and other co-occurring disorders upon intake and at discharge.



COMPLETION OF TREATMENT

87%

Ashley's average success rate is 87%. Our goal remains, treat all sides of the disease of addiction and any co-occurring illnesses — mental or physical.

According to the Treatment Episode Data Set published by SAMHSA, the national average for successful treatment is 62.1%.



Ashley
Everything for Recovery

TREATMENT OUTCOMES

The above data was collected from a sample of 863 out of 1,380 total patients served from October 1, 2019 to September 30, 2020. This treatment effectiveness report was generated and validated by an independent third party.