<table>
<thead>
<tr>
<th>Day</th>
<th>Breakfast</th>
<th>Lunch</th>
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</table>
| Monday    | **Entree:** Philly Cheesesteak Breakfast Bowl with sautéed peppers and onions  
Side: Diced hash browns  
Side: Bacon  
Fruit: Tropical fruit | **Entree 1:** American Cheese Burger with lettuce, tomato and red onion on a brioche bun with french fries and a pickle  
**Entree 2:** Eggplant Parmesan topped with marinara sauce and mozzarella over linguini | **Entree 1:** Pan-Seared Herb-Crusted Chicken Breast topped with shallot cream sauce served with wild rice pilaf and fresh vegetable of the day  
**Entree 2:** Crab and Spinach Stuffed Flounder with fresh vegetable of the day and wild rice pilaf |
| Tuesday   | **Entree:** French Toast with maple syrup and confectioners sugar  
Side: Sausage  
Side: Scrambled eggs  
Fruit: Cinnamon apples | **Entree 1:** Gobbler Bowl with pulled turkey and green beans over red-skin mashed potatoes, cranberry sauce and homemade stuffing topped with gravy  
**Entree 2:** Blackened Shrimp Tacos with Chipotle slaw, salsa verde and Spanish bean salad | **Entree 1:** Sticky Ginger Pork served with stir-fried rice and Asian vegetables  
**Entree 2:** Chickpea, Sweet Potato & Tomato Masala over coconut milk risotto |
| Wednesday | **Entree:** Sausage, Egg & Cheese Biscuit Sandwich  
Side: Hash brown patty  
Fruit: Mixed berries | **Entree 1:** Crispy Fish Sandwich with lettuce, tomato and homemade tartar sauce on a potato roll and side of tater tots  
**Entree 2:** Impossible Meat Sloppy Joe on a potato roll with tater tots | **Entree 1:** Rotisserie-Style Chicken Leg 1/4 served with mashed potatoes and fresh vegetable of the day  
**Entree 2:** Homemade Classic Meatloaf served with mashed potatoes, gravy and fresh vegetable of the day |
| Thursday  | **Entree:** Pancakes with warm maple syrup  
Side: Scrambled eggs  
Side: Ham steak  
Fruit: Mixed fruit salad | **Entree 1:** Vegetarian Quesadillas with sautéed peppers, red onion, portabella mushrooms, black beans, squash and cheddar cheese folded in a flour tortilla and topped with fresh salsa and southwest lime sour cream  
**Entree 2:** Chicken Cordon Bleu with savory velouté, rice and fresh vegetable of the day | **Entree 1:** Grilled Sirloin Steak with a fresh herb compound butter served with a baked potato and fresh vegetable of the day  
**Entree 2:** Fresh Catch of the Day served with a baked potato and fresh vegetable of the day |
| Friday    | **Entree:** Egg Scramble with caramelized onions and shredded Pepper Jack cheese  
Side: Scrapple  
Fruit: Pears | **Entree 1:** Classic Pepperoni Pizza  
**Entree 2:** Maryland-Style Crab Cake Sandwich served with lettuce, tomato, and old bay fries | **Entree 1:** Vegetarian (Impossible) Meat Shepherds Pie  
**Entree 2:** Grilled Thai-Marinated Chicken Thigh over jasmine rice and fresh vegetable of the day |
| Saturday  | **Entree:** Classic Waffle with powdered sugar and maple syrup  
Side: Scrambled eggs  
Side: Sausage  
Fruit: Mango & strawberries | **Entree 1:** Crispy Chicken Salad with crispy bacon, tomatoes, cheddar cheese and cucumber over green-leaf lettuce  
**Entree 2:** Pan-Seared Striped Bass served with spinach-parmesan risotto, lemon beurre blanc and fresh vegetables | **Entree 1:** Chimichurri Beef Tips over cilantro & citrus fiesta rice and fresh vegetable of the day  
**Entree 2:** Hearty Sweet Pasta Fagioli with sweet Italian sausage and bread |
| Sunday    | **Entree:** Hash of the Day  
Side: Over easy eggs  
Fruit: Grapes | **Entree 1:** Crispy Shrimp Po Boy with lettuce, tomato, homemade remoulade sauce and hushpuppies  
**Entree 2:** Stuffed Shells with rose sauce and garlic bread | **Entree 1:** Bacon-Wrapped Pork Loin served roasted potatoes and fresh vegetable of the day  
**Entree 2:** Lemon and Dill Poached Salmon with roasted potatoes and fresh vegetable of the day |

*We accommodate vegetarian, vegan, and other dietary requirements for every meal.*