

Stabilization Unit

Our response to the COVID-19 crisis and our investment in the health and safety of our patient community and staff.



In addition to screening patients prior to arrival and upon arrival, we are introducing a Stabilization Unit as an added safety measure for our staff and current patients. Our stabilization period is being implemented immediately upon arrival to provide time to gather more data about the health of a patient and to reduce the likelihood of a recently admitted patient exposing our current patient population and staff to COVID-19. It is a 3 to 5-day period during which patients will have no contact with other patients and only with dedicated staff. During this period, patients will be monitored for symptoms of illness. The majority of people, although not all, who have contracted COVID-19 will show symptoms within this period. If we identify a patient with symptoms during this period, they will not have exposed other patients or the majority of our staff. Screening procedures will continue prior to all admissions. This effort represents an increase in caution as we continue to respond to the COVID-19 crisis.

ALL PATIENTS WILL:

- Be assigned to a private room
- Be asked to remain in their rooms unless escorted by a staff member
- Be asked to participate in the programming to whatever extent they are able
- Be asked to wear a face mask and adhere to all social distancing guidelines when outside of their room
- Be permitted to bring their personal laptop, tablet, and/or cellphone for the duration of their stabilization period ONLY
- Be permitted to join the larger patient community after testing negative for COVID-19 and/or completing the stabilization period
- Be provided a menu for in-room dining

MEDICAL SERVICES PROVIDED:

- Individualized detox protocols – assessment, medication, and monitoring
- History & Physical
- Bloodwork and necessary labs
- Medication management
- Specialized nursing interventions as needed
- Bedside care as needed
- COVID-19 test

CLINICAL SERVICES PROVIDED:

- Daily check-ins with clinical team
- Family contact, collaboration, and consultation as needed
- Clinical interventions as needed
- 12-Step meeting participation via Zoom
- Additional clinical materials, 12-Step literature, and recovery support tools made available

INTERDISCIPLINARY TREATMENT TEAM:

- Medical Providers
- Nursing Staff
- Clinical Aides
- Counselors
- Family Therapist
- Clinical Supervisor
- Environmental Services
- Dietary Staff