

Ashley

PRE-ADMISSION INFORMATION PACKET

[AshleyTreatment.org](https://www.AshleyTreatment.org) | 800.799.HOPE (4673)
800 Tydings Lane, Havre de Grace, MD, 21078



Ashley
Everything for Recovery

Welcome to Ashley!

We are committed to ensuring the health and safety of our patients and staff. We have a team dedicated to identifying and implementing best practices and recommendations from the [CDC](#), [State of Maryland](#), and the [Harford County Health Department](#).

Each patient that enters our care will begin their treatment experience in the Stabilization Unit. This unit consists of daily monitoring by nursing and medical staff, as well as telehealth sessions with members of our treatment team. The Stabilization Unit has been developed as an added level of protection for you or your loved one during these unprecedented times. It typically spans five days from the time of admission. After you or your loved one has completed the Stabilization Unit, they will be transitioned into the program most appropriate for their clinical needs, e.g. [Adult Primary](#), [Adult Relapse](#), [Emerging Adult Male](#), [Emerging Adult Female](#), or [Pain Recovery](#), at which time they will be assigned a counselor and that person will contact you directly.

We look forward to working with you and your loved one!

Kindest Regards,
Ashley Team

HELPFUL LINKS TO VISIT

Please use the following URL's for visitation and COVID-19 updates:

<https://www.ashleytreatment.org/coronavirus/>

<https://www.facebook.com/AshleyTreatment/videos/3181445011903656/>

Ashley offers additional support services to our families. We encourage you to attend one of the Parent Family Connection telegroups listed on our website:

<https://www.ashleytreatment.org/recovery-support/parent-family-connection/>

We highly recommend Nar-Anon or Al-Anon meetings. These can be found using the following links:

<https://www.nar-anon.org/>

<https://al-anon.org/>

Stabilization Unit

Our response to the COVID-19 crisis and our investment in the health and safety of our patient community and staff.



In addition to robust patient and staff screening practices, we have implemented a Stabilization Unit as an added safety measure for our staff and patient community. The Stabilization Unit allows for our staff to assess each patient's medical and clinical needs while reducing the likelihood of exposure to respiratory illness for both patients and staff through testing and monitoring infection prevention best practices. Typically, a patient's participation in the Stabilization Unit is approximately 3 to 5 days. During this time, the patient will be isolated to a private room with no contact to other patients and reduced physical contact with staff.

ALL PATIENTS WILL:

- Be assigned to a private room
- Be asked to remain in their rooms unless escorted by a staff member
- Be asked to participate in the programming to whatever extent they are able
- Be asked to wear a face mask and adhere to all social distancing guidelines when outside of their room
- Be permitted to bring their personal laptop, tablet, and/or cellphone for the duration of their time in the stabilization unit ONLY
- Be permitted to join the larger patient community after testing negative for COVID-19 and/or completing their time in the stabilization unit
- Be provided a menu for in-room dining

MEDICAL SERVICES PROVIDED:

- Individualized detox protocols – assessment, medication, and monitoring
- History & Physical
- Bloodwork and necessary labs
- Medication management
- Specialized nursing interventions as needed
- Bedside care as needed
- COVID-19 test

CLINICAL SERVICES PROVIDED:

- Daily check-ins with clinical team
- Family contact, collaboration, and consultation as needed
- Clinical interventions as needed
- 12-Step meeting participation via Zoom
- Additional clinical materials, 12-Step literature, and recovery support tools made available

INTERDISCIPLINARY TREATMENT TEAM:

- Medical Providers
- Nursing Staff
- Clinical Aides
- Counselors
- Family Therapist
- Clinical Supervisor
- Environmental Services
- Dietary Staff

UNIVERSAL MASKING

Statement on Universal Masking of Staff, Patients, and Visitors at Ashley



Ashley Inc. in accordance with The Joint Commission supports the CDC's recommendations on Universal Masking within healthcare settings. Ashley Inc. believes that Universal Masking is a critical tool to protect staff and patients from exposure to asymptomatic and presymptomatic individuals infected with COVID-19.

To address asymptomatic (individuals infected who do not show observable symptoms) and presymptomatic (individuals infected who have yet to develop symptoms) COVID-19 transmission, the CDC recommends that healthcare facilities "...implement source control for everyone entering a healthcare facility (e.g., healthcare personnel, patients, visitors), regardless of symptoms."

Source control involves having people wear a cloth face covering or medical grade face mask (surgical or procedural mask) over their mouth and nose to contain their respiratory secretions and thus reduce the dispersion of droplets from potentially infected individuals. And in order for source control to be effective, it requires that everyone wear a mask within healthcare buildings to prevent the spread of respiratory viruses such as COVID-19.

Masking universally - in addition to physically distancing and practicing frequent hand hygiene - will significantly decrease the likelihood that an individual in the community with an unrecognized COVID-19 infection could infect others.

PATIENTS

All patients will be instructed to wear at least a cloth face covering when entering any Ashley building. If they arrive without a face covering, one will be provided. In accordance with CDC recommendations, face masks and cloth face coverings will not be placed on anyone who is having difficulty breathing or on anyone who is unconscious, incapacitated or otherwise unable to remove the mask without assistance. Patients may remove their face covering when in their rooms, eating, or outside and able to physically distance from one another. Patients experiencing any respiratory illness symptoms (e.g., persistent cough or sneeze) will be required to wear a surgical or procedural mask.

ASHLEY STAFF

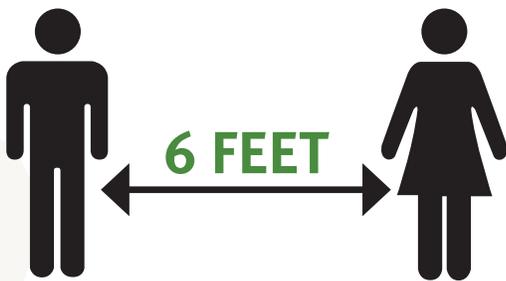
The current standard for all Ashley employees is that they wear a face mask at all times when in any Ashley building while continuing to physically distance, practice good hand hygiene, and continually monitor themselves for signs and symptoms of illness. There are very few areas or situations in which staff are not required to wear a face mask. Here are a few. They are not required to wear a face mask when outside and at least six feet away from patients, when eating, or when they are alone in non-patient-care areas. If staff have face-to-face meetings with one or more of their colleagues in an enclosed area such as an office or a break room, however, they will wear a face mask.

Physically Distancing, Practicing Frequent Hand Hygiene, Daily Monitoring for Signs and Symptoms, & Universal Masking. These are the four main pillars of our viral transmission-based precautions. One does not negate the importance of the other. They are all essential.

For your safety and that of other community members, please remember:

PHYSICAL DISTANCE

Physically distance whenever possible (6 ft. or two arm's length)



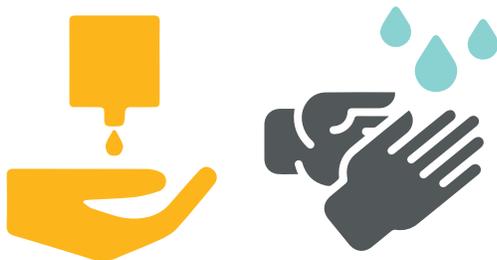
MASK

Mask whenever indoors and in group, lectures, activities, and common areas



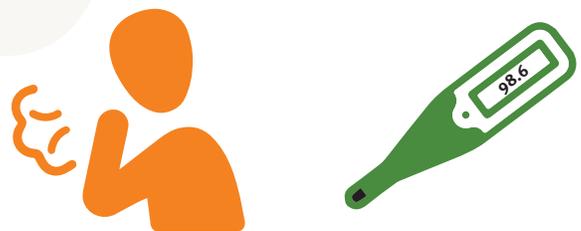
HAND HYGIENE

Practice good hand hygiene



SELF-MONITOR

Self-monitor your overall health and symptoms





FAMILY WELLNESS PROGRAM

VIRTUAL PROGRAMMING

The health and safety of our patients, staff, families, and community are of the utmost importance. It is with this in mind, that we transformed our once 3-Day, In-Person Family Wellness Program and made it virtual. This allows us to continue our valuable family programming from the comfort of your home.

During this virtual programming, we will provide education, coaching services, and opportunities to interact with other family members to gain support and understanding for a successful recovery. You will also be provided additional resources and support as a family beyond the successful completion of treatment by your loved one.

FOUNDATION EDUCATION

Supplied to the primary contact via email from a Family Services staff member.

FAMILY COACHING

The primary contact will engage with a family counselor, one-on-one, to process through the videos and concerns.

FAMILY WORKSHOPS

These workshops are held weekly on the zoom platform to help unpack different topics that impact the family. The topics rotate each week on a 4-week basis. Workshops are live and interactive with a family counselor and other families present.



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