



FAMILY WELLNESS PROGRAM

VIRTUAL PROGRAMMING

The health and safety of our patients, staff, families, and community are of the utmost importance. It is with this in mind, that we transformed our once 3-Day, In-Person Family Wellness Program and made it virtual. This allows us to continue our valuable family programming from the comfort of your home.

During this virtual programming, we will provide education, coaching services, and opportunities to interact with other family members to gain support and understanding for a successful recovery. You will also be provided additional resources and support as a family beyond the successful completion of treatment by your loved one.

FOUNDATION EDUCATION

Supplied to the primary contact via email from a Family Services staff member.

FAMILY COACHING

The primary contact will engage with a family counselor, one-on-one, to process through the videos and concerns.

FAMILY WORKSHOPS

These workshops are held weekly on the zoom platform to help unpack different topics that impact the family. The topics rotate each week on a 4-week basis. Workshops are live and interactive with a family counselor and other families present.



[AshleyTreatment.org](https://www.AshleyTreatment.org)

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