

TIME	ACTIVITY
6:30 am	Hot Breakfast (optional)
7:00 am	Mandatory Wake-Up
7:30 am	Continental Breakfast
7:45 - 8:00 am	Chapel (optional)
8:00 am	Nursing Assessment & Medications
8:50 am	Roll Call
9:00 am	Recovery Workshop
10:15 am	Physical Wellness/Community Game
11:30 am	Lunch
1:00 - 3:00 pm	Process Group Therapy
4:00 pm	Acudetox
5:00 pm	Dinner
6:30 pm	Patient Community Meeting
8:00 pm	12-Step Meeting
11:00 pm	Lights Out